

Does Your Kiwifruit Measure Up?



Using the “Does Your Kiwifruit Measure Up?” Handout, estimate and measure your kiwi to discover the circumference, length, weight, and the number of seeds in a cross-section.

1. First have the children draw the outside of kiwi.

2. Circumference

Have the children estimate the circumference of the kiwi in inches. Then measure the circumference of the kiwi by wrapping a string around the kiwi, cutting it, and then measure it using a ruler.

3. Length

Have the children estimate the length of the kiwi using inches. Then measure the length of the kiwi by using a ruler.

4. Weight

Choose a unit for weight and have the children estimate the weight of the kiwi. Then measure the weight of the kiwi with a small scale.

5. Number of Seeds in a Cross-Section

Cut the kiwis in half for the children. Show them how to count the seeds in the kiwi. Have the children estimate the number of seeds in the cross section before counting. Then count.

6. Have the children draw the cross section of the kiwi.

Prep Time:

5 minutes to gather materials

Activity Time:

20 minutes

Supplies Needed:

- String
- Scissors
- Rulers
- Small scale
- Knife
- Crayons or Markers



Fresno County, September 2006
By Sara Candelaria
Youth Nutrition Education Program
For Additional Resources and Information,
& Free PreK-8 Curriculum:
(559) 456-7124 scandelaria@ucdavis.edu
Visit Our Website: cefresno.ucdavis.edu



Funded by the Food Stamp Nutrition Education Program through USDA.